



Abbot Beyne School  
Everyone a Learner. Everyone Learning.

# Student Newsletter

Friday 26th April 2024



# Key Stage 3 Update



## Top Positive Points: 15th - 21st April

Year 7	Year 8	Year 9
1st William P	1st Jasmine S	1st Derek S
2nd = Leah B Melody B Kordian J Cherrie W	2nd = Kael E Chloe N Summer H Faye G	2nd Syd C  3rd = Maddie B Ruby P



Well done to all



24h Mental Health Access Team – urgent NHS mental health service who will provide support and advice over the phone.

☐ 0808 196 3002 (24/7)

<https://camhs.mpft.nhs.uk/urgent-help>



You can get advice from 111 or ask for an urgent appointment with the GP if you aren't able to speak to the urgent helpline, you need help urgently (but it's not an emergency) or you're not sure what to do.

☐ 111



The Mix offers support for anything that's troubling you. They offer email support, one-to-one webchat service and free short-term counselling.

☐ 0808 808 4994 (4pm-11pm, 7 days a week)

<https://www.themix.org.uk/>



YoungMinds provides young people with tools to look after their mental health. Their website is full of advice and information on what to do if you're struggling with how you feel.

<https://www.youngminds.org.uk/>

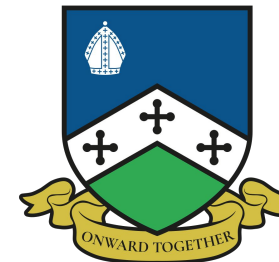


Samaritans provide emotional support to anyone in emotional distress or who is struggling to cope. They offer different ways of contact such as webchat, email and letters.

☐ 116123 (24/7)

✉ Email: [jo@samaritans.org](mailto:jo@samaritans.org)

<https://www.samaritans.org/>



## Evershed Canteen back in business!

The gas pipe issue in the canteen at Evershed has been fixed which means from Monday 29th April the kitchen will be serving main meals again at lunchtime.

Students who get a Free School Meal need to remember that they are entitled to toast at break and a main meal at lunchtime. If you want to have a grab and go at lunch then don't have toast at break.

The menu is up on the wall in the dining hall so you can check ahead to see what is being served.



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# Key Stage 4 Update

## Positive Points Update

Year 11 positive points so far - 43768  
Year 10 positive points so far - 49354  
Well done and keep up the good work.



Year 11 students, do not forget about Saturday club to help you with your revision.

## Homework

Everyone needs to ensure that they are doing their homework.

Knowledge organisers must be done, please make sure that you are putting the date and title on every page.

Make sure that you are completing your SPARX, SENECA and other online homework as well.



Here are some useful links for revision  
[Revision World](#)

[GCSE - England - BBC Bitesize](#)

[GCSE revision resources - GCSEPod](#)

[GCSE Revision | Revision World](#)

[Free GCSE Study and Exam Revision Tools | Flyp Academy](#)



### GENERAL

#### TRY NOT TO WAFFLE

Avoid overly lengthy responses to the reading questions as you'll lose clarity and focus. Instead, think about the number of marks awarded for a question. A 10-mark question will need a lengthier response to an 8-mark question. In 8-mark questions, you probably shouldn't exceed a four-page response. Remember, clear writing equals a clear mark.

#### KNOW YOUR EXAM BOARD

It's important that you consider the Assessment Objectives (AOs) for each exam question - your teacher or tutor can help you with this. Generally, the highest marks come from discussing the effect of a certain piece of writing or technique. Pay attention to the specific things your exam board are looking for.

#### PLAN AND PROOF-READ

One reason people lose marks in the writing section is by failing to plan and proof-read their work effectively. It's vital you think about how you're going to structure your response. It's also important to set aside time to read through your work and catch any errors. Proof-reading also provides an opportunity to check the clarity of your work. Is it clear? Have you removed any unnecessary extras?

#### REMEMBER YOUR TIMING

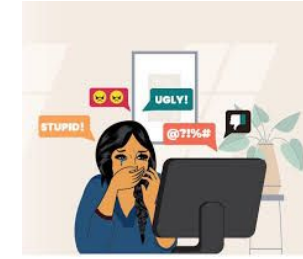
Remember your timing. Try to attempt all of the questions. If you run out of time, remember that answering one question well out of multiple will not be enough. It's better to try to finish the question you are answering and to begin tackling the others. It's not a crime because of a single answer - it's a collection of answers and more every mark matters.

REMEMBER: PREPARATION AND PRACTICE WILL PUT YOU IN A MUCH BETTER PLACE TO TACKLE YOUR READING AND WRITING EXAMS. GOOD LUCK!

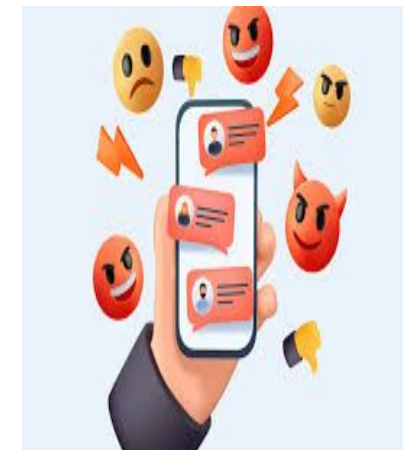
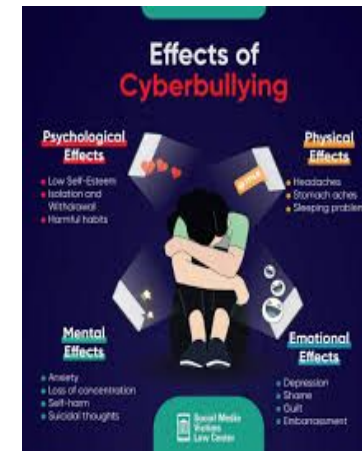


[gcsepod.com](#) [info@gcsepod.com](mailto:info@gcsepod.com) 0191 338 7830

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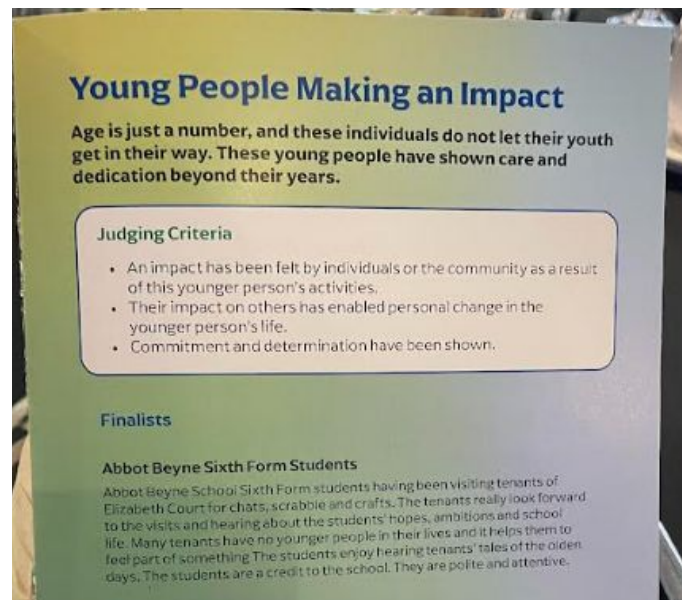
With the rising number of incidents that are occurring over social media, think about how you are responding and conducting yourself as cyberbullying is a serious crime and one that the police are stamping down on. Think before you post videos on Snapchat, Tik Tok or what groups you are added into. If you need some help or advice on issues on social media then please speak to a member of pastoral.





Congratulations to all students in Abbot Beyne Sixth Form who were winners of an award at the Trent and Dove Impact on the Community Awards.

Miss Smith and Miss Brassington were pleased to accept the 'Young People Making an Impact' award on behalf of the Sixth Form. Keep up the great work in the enrichment programme - this just shows how much it can not only develop yourselves, but also positively impact the lives of others.



## Upcoming Events

w/c 29th April – A Level Fine Art and Photography exams begin

Monday 6th May – Bank Holiday Monday – School Closed

w/c 6th May – A Level Fine Art and Photography exams continue

Friday 17th May – Period 4 – The Colour Run – Year 12 House Captains/ BTEC Sport students required

Friday 24th May – School closes for half term



## Awards and Recognition

### Sixth Form Students of the Week

**Communications** - Jacey B

**Enterprise** - Dawood N and Maryam A-N

**Innovation** - Joel B

**Performance** - Klaudia P and Jagoda B

**Social Studies** - Philip K and Ellie M





# Enterprise

We are delighted to share the successes of students in the Enterprise Faculty. There is a fantastic opportunity this week to enroll in the Enterprise Challenge - ask your Maths, Business or IT teacher for details.



## Enterprise Challenge



This week sees the start of the Enterprise challenge that we are launching with Years 8 and 9.

You will have four weeks to start a business with £10, providing you with first hand experience of becoming an entrepreneur.

The 10X challenge provides a highly interactive way for young people to develop employability skills, apply their academic learning and build career readiness. The programme encourages the development of an enterprising mind-set and allows young people to learn the vital skills needed to earn and look after their money.

There are competitions, including best logo and best sales pitch, and prizes to be won!!

We are really looking forward to seeing the ideas and initiatives that the students put forward and hope that this will pave the way for future challenges.

Let's develop skills for life!

- Teamwork
- Creativity
- Listening
- Problem Solving

KNOWITALL NINJA

Madelyn B	Layla L
Mingaile B	Ramil H
Alfie C	Harry J
Freya G	Ismail H
Charlie H	

★ THE IT CROWD ★

Year 10 Excellent Effort and Work  
IT - Component 1  
30% of the Final Grade

Mohammad C	Jaydan M
James D	Hassnain M
Bruno G	Arek S
Wren J	Olivia W
Lily L	Humais Z



### Maths Revision Tips

- Plan it out**  
Draw up a weekly and daily revision timetable. Prioritize by giving more time to weaker areas and make sure to complete practice exam papers!
- Put your phone away**  
Evidence shows that if you spend more time texting and using social media, you'll get lower grades. Put your phone in a different room and turn it off.
- Get fresh air and exercise**  
Exercise and being outside reduces stress hormones in the body, helping you to relax and focus on your work.
- Get plenty of sleep**  
You need to work hard and revise, however sleep is vital to success. Don't stay up late revising, get plenty of sleep so your brain has energy the next day.
- Be sociable**  
Spending time with friends and family is important to reducing exam stress. Make sure to plan in time to socialise with others, to help you relax.

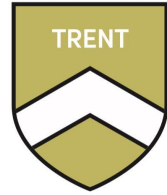
Abbot Beyne School

**364 students** have already improved at their times tables this year. Great job!

**Sparx Maths** [sparxmaths.com](http://sparxmaths.com)

**1,206,158** questions answered correctly in Sparx Maths so far this year

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**BAKE OFF**

40 spaces for years 7-10 to bake scones on the day

\* Years 11-13 can bake at home and bring in their scones

\* House points will be awarded based on the judge's scores

**Thursday 23rd May, Period 4**  
Enter using the google form

# Abbot Beyne School House Bake Off 2024



Abbot Beyne School  
Mercia Abbey Trent Chadwick Elkhart

This year's theme is: **SCONES**

**Bake Off**

**Thursday 23rd May, Period 4**

Enter using the google form

40 spaces for year 7-10 to bake on the day

Year 11-13 can bake at home and bring in their scones

House points will be awarded based on the judge's scores

Miss Smith will send out a google form shortly. If you would like to participate, complete the form with your details as soon as possible. Miss Smith will then email all students who will be competing - if you have signed up, this does not mean you definitely have a place in the competition.

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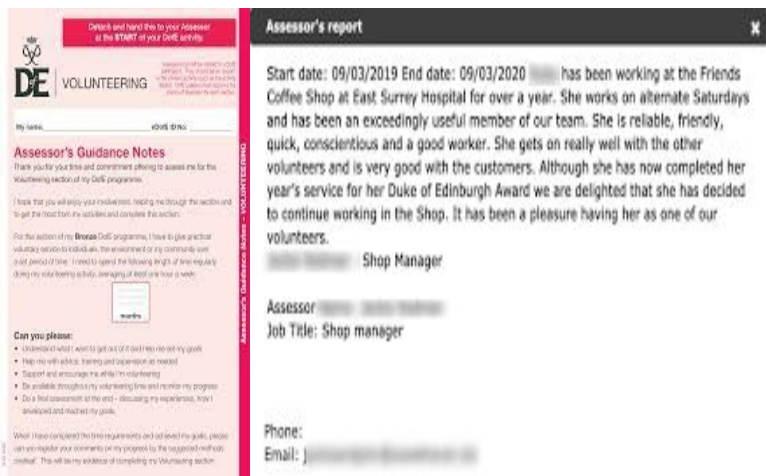
LEADERSHIP TEAM



# The Duke of Edinburgh's Award

Do not forget to keep adding your evidence on to the eDofE site. Without all four sections complete, you can not gain the award. The easy part is the expeditions, getting the assessors reports in for your physical, volunteering and skill section are just as important.

You can download the app for your iPad or use the internet to access the site.



## DofE after school club

### Bronze Award

Thursday nights 3pm - 4pm (Week 1 only)  
Evershed Hall

### Silver Award

Thursday nights 3pm - 4pm (Week 2 only)  
Linnell L13

## Expedition dates

### Bronze expedition dates -

Practice weekend Saturday 11th - Sunday 12th  
May 2024

Assessed weekend Saturday 8th - Sunday 9th  
June 2024

### Silver expedition dates-

Practice weekend Friday 10th - Sunday 12th  
May 2024

Assessed weekend Friday 7th - Sunday 9th  
June 2024



@AbbotBeyneDofE

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# Enrichment.



## Year 9 Snowdonia Residential

Students from Year 9 spent three days at The Towers Residential Centre in Snowdonia last week. Students had an action-packed programme of activities which included: kayaking, rock climbing, ghyll scrambling, caving, via ferrata, weaseling, low ropes, bouldering and more. Abbot Beyne School was the only school at the centre so students got a great experience to bond with each other and take part in some exciting adventurous activities. A great three days, thoroughly enjoyed by all.



### Enrichment Experience:

- To attend residentials both in the UK and abroad.

### Venue:

- The Towers, Snowdonia

### Students:

- Year 9



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# Attendance

**Most improved  
Form  
Attendance**

**8A & 9E**



Attendance Matters!



Every Student, Every School, Every Day



**Best Form  
Attendance**

**9C**

**Most improved  
House  
Attendance**

**Abbey &  
Trent**

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## What are the jobs teens really want?

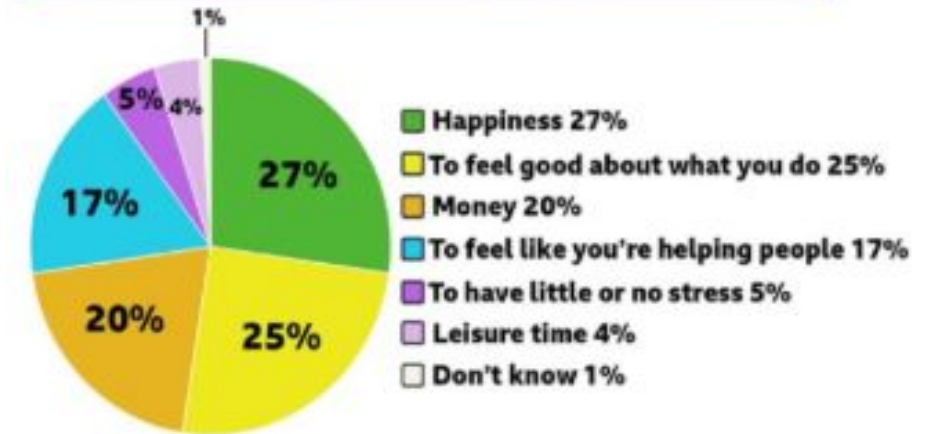
A recent BBC Bitesize survey has revealed the top 10 jobs that 13-16 year olds want. No real surprises in the majority, as these are the jobs that children tend to role play during their primary school years. But there are few new entries this year such as Artist and Builder.

Rank	Career
1	Doctor
2	Engineer
3	Teacher
4	Lawyer
5	Nurse
6	Vet
7	Footballer
8	Artist
9	Police
10	Builder

The survey also looked at what is important in a job for young people. Personal happiness, feeling good about your job, and the sense of helping people, all featured highly. 84% of those surveyed said they were confident they would achieve their career goals.



### Which of the following things is most important to you in your job?



Source: BBC Bitesize Careers Survey 2024

More information can be found at:

<https://www.bbc.co.uk/bitesize/careers>



# PRIMAL KIDS

**£5  
PER  
CHILD**

**WED  
4PM**

**KIDS GYM SESSION**

8-12 yrs



**KIDS BOOTCAMP**

5-12 yrs

**SAT  
10AM**

**SAT  
11.15AM**

**TEEN SESSION**

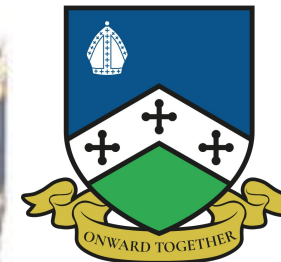
13-16 yrs



**07368238938**

**PRIMALINSTINCT.PTMINDER.COM**

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**Do you want to try Rowing..??**

Ages 12 to 14 (school Years 7, 8, 9)

**Come along and have a Go**

**6th May, Bank Holiday Monday**

**10am to 12noon**

Come to the clubhouse on Stapenhill Road, DE15 9AE

Club car park just opposite Scalpcliffe Road

Any queries please email Gerard at

**[burtonleanderrowingclub@gmail.com](mailto:burtonleanderrowingclub@gmail.com)**

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