

Abbot Beyne School
Everyone a Learner. Everyone Learning.

Student Newsletter


Friday 28th March 2025



Key Stage 3 Update



Top Positive Points: 17th - 23rd March

Year 7	Year 8	Year 9
1st = Alex B Layla-Rai C	1st Cherrie W	1st Tyler C
2nd = Yuadoo A Zulaikha A Jack F Olivia H Liam M Luna W	2nd = Kaitlyn K Nicola S 3rd = Grace F Kordian J	2nd Obaid AH 

Well done to all

Protected Characteristics

Mr Church gave an assembly to remind us of the importance of protected characteristics and why we should not discriminate against people because of their race, age, gender or religious beliefs.



Evershed goes Green

From this week you will notice different arrangements in the dining room. Main meals will be served on plates to reduce the amount of packaging and disposable cutlery we are using. We are also using different coloured bins to help sort the rubbish: **Dark Brown** for food waste; **Red** for cans and plastic; **Blue** for Cardboard and paper. Please help out by making sure your rubbish goes in the correct bin



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Year 9 Pathways

Students in Year 9 had their Pathways evening and an assembly to discuss how the Pathways process works. Students will receive an email shortly with a link to an online form. Students need to complete the options form by Friday 11th April. If you have any questions about the process speak to Mr Church or Miss Gooding.

These choices are important so make sure you talk to your teachers about what their respective GCSE / BTEC courses contain and whether it would be good for you to take that choice.

Key Stage 4 Update

Top tips to ensuring you get the best out of school

- Having breakfast every day
- Drink enough water and have a good diet
- Get enough sleep every night, having a good routine and not just trying to catch up at weekends
- Exercise
- Relaxing and socialising

Attendance

Attending school on a regular basis is the key to your child doing well at school and will set them up with good habits for later life.



The heart of a blue whale, the largest animal ever known to have lived on Earth, weighs more than 450 kg (1000 lbs).

At Abbot Beyne School, we have a zero-tolerance policy on vaping. Vaping is strictly prohibited due to the associated health risks, its addictive nature and the fact that it is illegal for anyone under 18 to purchase or use vaping products.

While vaping is often perceived as less harmful than smoking, the long-term effects remain uncertain and there are growing concerns about its impact on health.

We are committed to supporting students who want to quit vaping or seek advice on its dangers. If you need help, please reach out for guidance and support.

By working together, we can ensure a healthier and safer environment for everyone at Abbot Beyne School.

VAPING IS NOT HARMLESS

KNOW THE FACTS...

ONE 20MG (2%) DISPOSABLE VAPE CONTAINS THE SAME AMOUNT OF NICOTINE AS 20 CIGARETTES

IF YOU VAPE, LIMIT YOUR USAGE. USE VAPES WITH LOW OR NO NICOTINE

VAPES ARE TOXIC TO THE ENVIRONMENT AND NEED SPECIAL RECYCLING

THEIR LITHIUM BATTERIES CAN BE A HUGE FIRE HAZARD

SIDE EFFECTS OF VAPING

Nicotine addiction

Throat irritation

Dizziness and headaches

Coughing or shortness of breath

NICOTINE CAN CAUSE:

Sleep problems

Mood swings

Anxiety

Irritability

IT'S BEST TO NOT START AT ALL!

IT IS ILLEGAL TO BUY VAPES FOR, OR SELL VAPES TO UNDER 18S

If you are a young person living in Highland and would like free and confidential support around smoking or vaping, contact: www.smokefreehighland.scot.nhs.uk

SCAN ME

10 DANGERS associated with Vaping

The nicotine contained in e-cigarettes is addictive.

Vaping affects the developing brain in the following ways, reduced impulse control, memory and mood disorders.

Leads to lung disease caused by the chemical Diacetyl also called popcorn lung.

Irritates mouth and airways.

Causes vomiting, headaches and nausea.

Exposure to Formaldehyde is 15 times higher than smoking cigarettes.

Raises your blood pressure and spikes adrenaline which increase risk of heart attack.

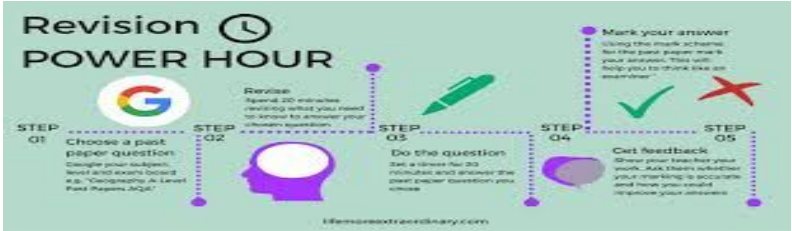
Increased risk of cancer due to toxic chemicals of nickel, tin, benzene and lead.

Damages reproductive health.

Causes respiratory problems like asthma.

H

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Easter Revision

The Easter holidays are a crucial period of time where you can make a significant difference to your achievement in your GCSEs and BTECs through careful planning of your revision.

You will be creating a revision timetable to help organise your revision. We will be running some revision sessions during the Easter holiday period. We very much encourage you to attend as many of the sessions as possible.

Use the Google form (accessed through the email sent by Mr Holden) to sign up with your school email address. You can not sign up for two sessions that are running at the same date and time.

Post 16 Sixth Form at Abbot Beyne School

It can be difficult to cope with everything going on at once in our lives but support is available to you in school or from other services.

Shout – 24/7 text service -

<https://giveusashout.org/>

Young Minds -

<https://www.youngminds.org.uk/young-person/>

The Mix -

<https://www.themix.org.uk/>



Upcoming Events

Friday 11th April - Break up for Easter holidays

Every Saturday - Saturday Study Club - 9-12 in the Evershed LRC



Awards and Recognition

Sixth Form Students of the Week



Innovation - Cyprian S

Performance - Zaid K and Alina A

Social Studies - Aqsa B and Scarlett L

Communications - Abdullah M

Maths - Vlad L and Scarlett L

Community Fete committee - volunteers required

We are looking to run our second Community Fair this summer, and we are looking for enthusiastic volunteers from Year 12 to help organise and run the event. Last year, we raised over £800 for our community, half of which was donated to Burton Hope Charity. We had a fantastic selection of stalls, including cakes, "Soak a Teacher," "Adopt a Teddy," a visit from Staffordshire Fire and Rescue, and a Penalty Shootout challenge. We are planning even more exciting activities this year, and we would love for you to be a part of it. Volunteers will be involved in a variety of tasks such as setting up stalls, coordinating activities, promoting the event and helping with general logistics on the day of the fair. This is a great chance to gain valuable event planning experience while having fun and giving back to the community.

If you're interested in joining the committee, please get in touch with Miss Smith.

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Why go anywhere else?
abbotbeynesixthform





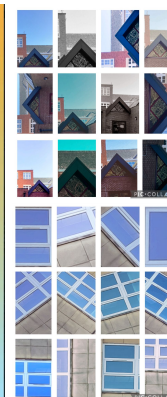
On Sunday 9th March **Burton U14 Team** had home advantage against one of their biggest rivals, Lichfield. Tension was high as this was a rematch of last year's final. Burton scored first and converted to make the score 7-0. Lichfield score the next 2 tries but were not able to convert. 7-10. Tough 1st half. Burton hit back with a second try and conversion. 14-10. Oh no Lichfield, scored a third try but were not able to convert. Lichfield score again. 14-20 when the whistle is blown. A great effort by Duncan B, Callum B and Oscar G. They are the runners up in the U14 Staffordshire Cup.



Mr Randall's Year 9 Art group had a fantastic and productive lesson doing a two layer print. Well done, your finished prints looked amazing.



Miss Brassington's Year 7 Art groups have been doing some photography around the school grounds and then using their images to work in the style of artists. Aliyah A, Safaa A and Fatimah A have produced some excellent examples for you to see.



🎯 Come Join Our Sports Clubs

Get active, have fun, and make new friends by joining one of our fantastic sports clubs this term. We are running **Rounders, Dodgeball, Running Club, Basketball, and Yoga** – there's something for everyone. All abilities welcome, so come along and get involved



GCSE /A Level Art & Photography Catch up

The art department is open every break and lunch for you to catch up on your coursework and exam prep.

This is open to art/photography students only!

In the very busy run up to the exams please do not bring your friends with you and you **MUST** be working if you attend at break/lunch.

Well done for all your hard work so far

Art/Photography Exams 2025

GCSE Photography 10 Hours

Thu 10th Apr 11B P1 & 2 (WK2) SPR
Thu 10th Apr 11A P3 & 4 (WK2) JB
Tue 29th Apr 11B P2 - 4 (WK1) SPR
Wed 30th Apr 11A P1 - 3 (WK1) JB
Thu 1st May 11A P1 - 3 (WK1) JB
Fri 2nd May 11B P1 - 3 (WK1) SPR

GCSE Art JB & SPR 10 Hours

Mon 28th Apr P2 - 4 (WK1)
Fri 9th May P2 - 4 (WK2)
Mon 12th May P3 & 4 (WK1)

A Level Art & Photography 15 Hours

Tue 6th May P1 - 4 SPR(WK2)
Wed 7th May P1 - 4 JB (WK2)

Thu 8th May P1 - 2 SPR 3 - 4 JB (WK2)

Know It All Ninja Stars -
Giada A, Madelyn B, Alfie C, Onur B, Ramil P
WELL DONE

🌟 Celebrating Success in Sport Officiating

We are incredibly proud to share that Evie W had the honour of being selected as an Assistant Referee for the prestigious English Schools' Football Association (ESFA) international fixture: U15 England vs Wales, which took place last Sunday at Sporting Khalsa FC.

This is a fantastic achievement and highlights the exceptional talent and commitment within our school community. Officiating at this level is a remarkable experience, and we are thrilled to see Evie's hard work recognised on such a big stage.

👏 **Well done, Evie W. A truly inspiring accomplishment.**

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On Sunday 2nd March at 12.30 Burton U15 RFC took to the pitch in Newcastle under Lyme. Their opponents were Tamworth, a team that Burton recently have not managed to beat. Burton scored the first try and successfully kicked the conversion. Burton scored a second try but did not convert. Tamworth score a sneaky try but do not convert. The score is now 12-7. Tamworth Captain, rallied the team with, "Come on lads we have never lost to Burton". I thought there is a first time for everything. Burton scored a third try and conversion. 19-7. Tamworth could not break through the Burton defence. Burton score a fourth try and conversion and soon after the final whistle is blown. Burton win the match 26-7. They are crowned the Staffordshire U15 Champions. Daniel W, Archie B and Cody H in Year 10 were part of the winning team.

Exciting News: Our Brand-New Fitness Suite is Open!



We are thrilled to announce the opening of our brand-new school fitness suite, an exciting addition to our facilities designed to support the health, fitness and wellbeing of our students.

Thanks to the generous funding from both the **Opening School Facilities Fund** and the **Consolidated Charity of Burton Upon Trent**, we have been able to transform the Evershed Changing Rooms into a high-quality, fully-equipped fitness environment. This state-of-the-art space features a wide range of **cardio and strength-training equipment** tailored to support our **Key Stage 4 & Key Stage 5** students in both curriculum and enrichment time.

This new facility will play a key role in enhancing our **BTEC Sport & Core PE** provision, giving students the opportunity to learn about and experience the practical benefits of physical fitness first-hand. Whether they are working towards a qualification or simply aiming to improve their overall health and performance, the suite will offer a welcoming and motivating environment for all.


We can't wait to see students making full use of the space – from structured lessons to training for extracurricular competitions. *A huge thank you to everyone involved in bringing this vision to life.*

Let the workouts begin

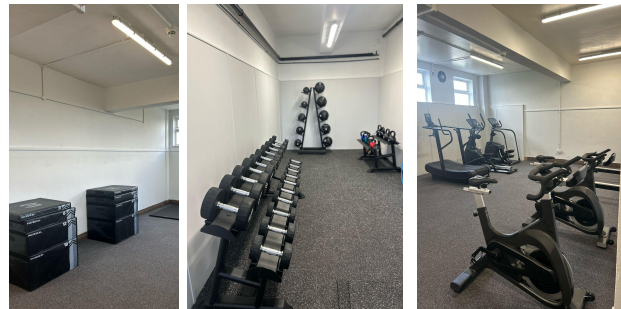


sports to watch

- **29 March to 6 April** - Winter Sports - World Men's World Curling Championship
- **4 April** - Football - Women's Nations League: Romania v Northern Ireland, Scotland v Germany, England v Belgium, Wales v Denmark
- **4-6 April** - Athletics - Inaugural Grand Slam Track meeting
- **4-7 April** - Cricket - opening round of County Championship matches
- **6 April** - Formula 1 - Japanese Grand Prix
- **8 April** - Football - Women's Nations League: Germany v Scotland, Northern Ireland v Romania, Belgium v England, Sweden v Wales
- **10-13 April** - Golf - Masters
- **12 April** - Horse racing - Grand National, Aintree Racecourse
- **13 April** - Formula 1- Bahrain Grand Prix
- **13 April** - Rowing - The Boat Race
- **15-20 April** -Swimming-Aquatics GB Championships,London Aquatics Centre

 **Congratulations!**
A huge well done to all our **BTEC National** and **TECH Award** students for their hard work and commitment this term. Your dedication has paid off with some fantastic **Component grades** – we are incredibly proud of you all. Keep up the great work!.

"Going to the gym is great for your body, but it's also great for your mind."



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STUDENT OF THE WEEK Performance



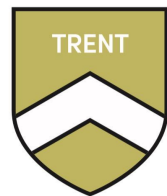
This half term Key Stage 3 students have been exploring a range of topics

Year 7 students have started to explore the era of Silent Movies, focusing on the skill of mime and physical techniques. The performances that they have devised using stock storylines have been very impressive.

Year 8 students are now starting to explore the wonderful world of physical theatre based on the Frantic method. They have really embraced a completely different method of devising and you should all be really proud of yourselves! 👍

Year 9 students have been wonderfully creative. They they have looked at a technical aspect of theatre - costume. This also fell in line perfectly with the celebration of World Book Day.

This is one of my favourite lessons, in which students make a costume out of limited resources, (bin bags, paper, tape and toilet roll). They created a costume of a well known story book or film character. Please see the above images for the results.



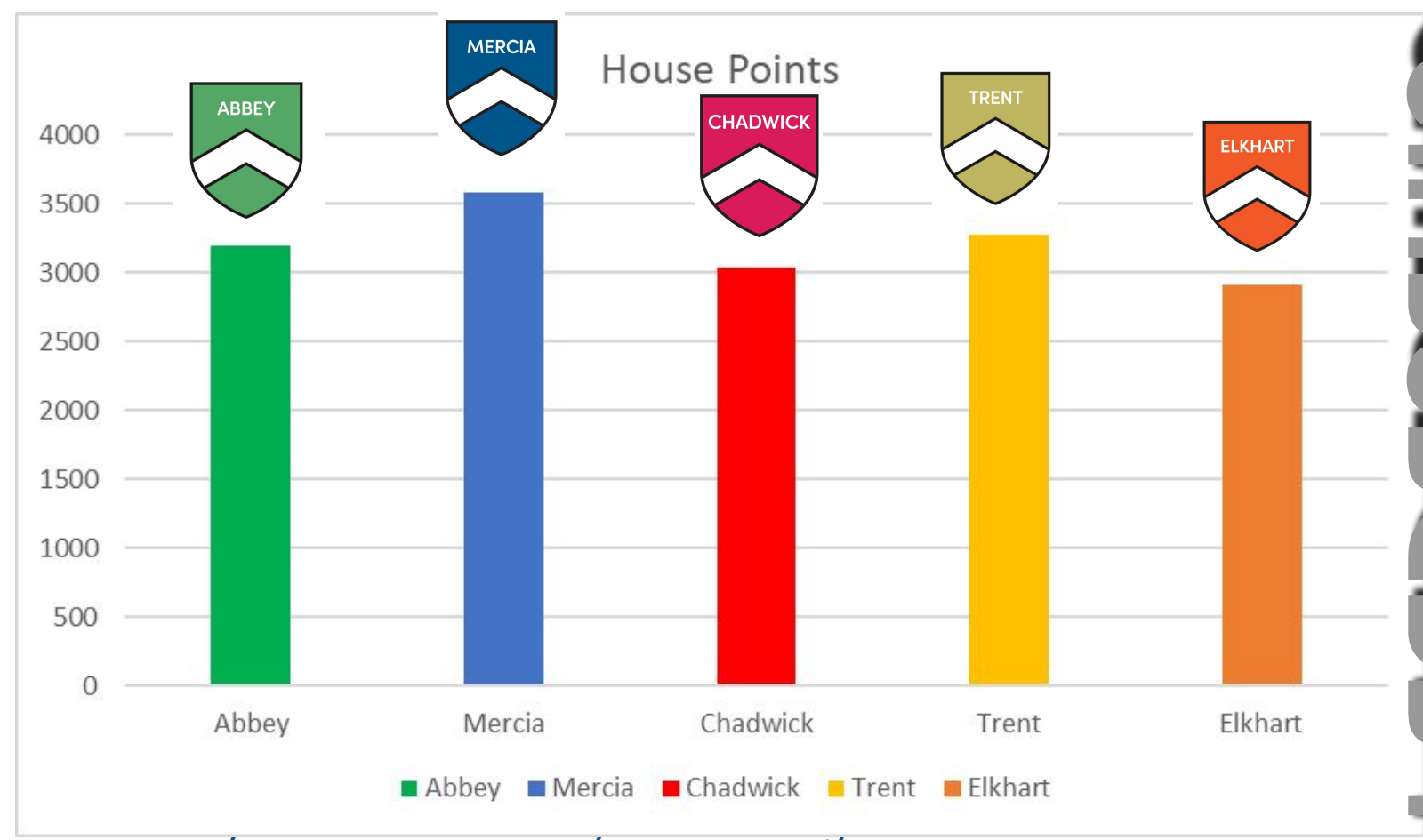
House points

Mercia continue to lead in the House Points competition, but Trent and Abbey are close behind - can these two houses work hard to take the lead?



Remember, you can earn house points for:

Attending after school clubs, classwork, effort and more



LEADERSHIP

TEAM

Enrichment



**ROYAL
AIR FORCE
COSFORD**



Enrichment Experience:

- To visit art galleries, museums and other places of cultural or historical significance

Venue:

- RAF Cosford

Students:

- Year 9

Mrs Green led a visit for 100 Year 9 students to visit RAF Cosford last week. Students explored the vast aircraft hangars full of original airplanes, helicopters and projectiles from throughout the past 100 years. Students explored the exhibits, paying particular attention to the Cold War displays as this is the topic they will be learning about shortly.

RAF Cosford



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The Duke of Edinburgh's Award



As the expeditions approach, it is essential to focus on selecting the right foods to ensure the participants maintain their energy levels, endure the challenges and stay fueled throughout the weekend. We will be testing out a variety of foods to help students stay energized and ensure they consume adequate nutrition while on the move.

When choosing foods for an expedition, it is crucial to prioritize options that are **lightweight**, **nutrient-dense**, and **easy to eat** on the go. Here is a breakdown of some food categories that should be sampled and considered:



Expedition dates-

Bronze Practice weekend -
Saturday 12th and Sunday 13th April 2025

Bronze Assessed weekend -
Saturday 14th and Sunday 15th June 2025

Silver Practice weekend -
Friday 11th to Sunday 13th April 2025

Silver Assessed weekend -
Friday 13th to Sunday 15th June 2025



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Year 9 students getting some practice in for the upcoming expeditions.



Attendance

ATTENDANCE MATTERS

6 days or less
absence per year
97% or above
VERY GOOD
THIS IS YOUR
TARGET

Between
7 and 19 days
absence per year
90% - 96%
BELOW
EXPECTATIONS

More
than 19 days
absence per year
Under 90%
POOR
ATTENDANCE

Most Improved
House
Attendance
Abbey

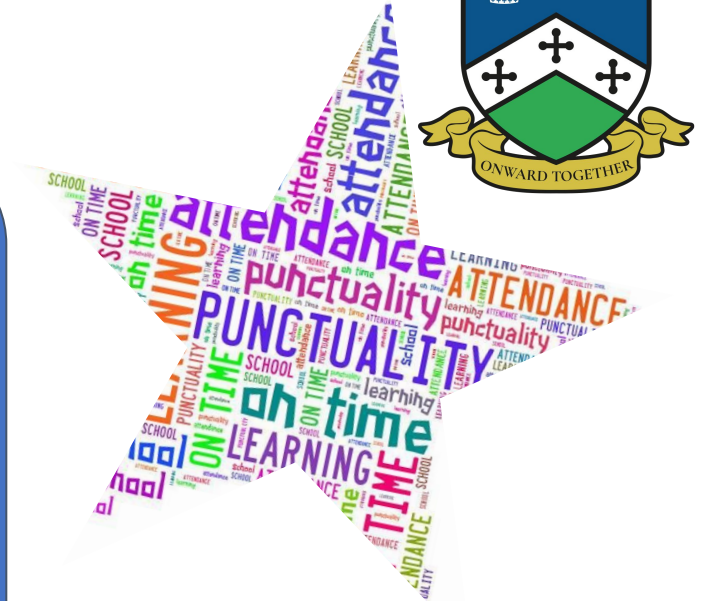


Attendance
Matters

Every student. Every day.

Everyone a Learner. Everyone Learning.

Most Improved
Form
Attendance
7B



Best Form
Attendance
9D

YOGA CLASS

EVERY TUESDAY IN THE EVERSHED GYM
SUITE 15:00-1600



YOGA CLASS

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SUITE 15:00-1600

BEGINNER-FRIENDLY YOGA CLASS

Our Yoga Class is a perfect place for those who want to start learning yoga. Here, you can meet expert instructors and join various yoga classes.

WHAT ARE THE BENEFITS OF YOGA?

Reduces stress and anxiety

Improves balance and coordination

Builds strength and endurance

Boosts mood and energy levels



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