

Abbot Beyne School
Everyone a Learner. Everyone Learning.

Student Newsletter

Friday 4th April 2025



Key Stage 3 Update



Top Positive Points: 24th - 30th March

Year 7	Year 8	Year 9
1st = Connie B Eva F	1st = Eliza C Grace F	1st = Zikra GH Mehdi R
2nd = Jack F Lexi R Amelia S	2nd = Elle LM Nicola S	2nd = Sophie D Kael E Anastasija S
	3rd = Kaitlyn K Liv W Cherrie W	3rd = Sam C Jalal M Layla-Rae S Afsa Z

Year 9 Pathways Options



Year 9 students, do not forget to complete your options form before **Friday 11th April**. If you need any help with your selections speak to your teachers so they can let you know what their subject entails. You can always speak to Ms Gooding or Mr Church as well.



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Evershed goes Green

You will have noticed the different arrangements in the dining room at lunchtimes. Main meals are now served on plates to reduce the amount of packaging and disposable cutlery we are using. We are also using different coloured bins to help sort the rubbish: **Dark Brown** for food waste; **Red** for cans and plastic; **Blue** for cardboard and paper.

Please help out by making sure you separate your rubbish and then make sure it goes in the correct bin.



Key Stage 4 Update

Prom

We have launched details of the Prom and the eligibility to attend with our Year 11 students. A letter has been sent to all parents and carers with the full details and also details of how to pay. Students must remember that if we see a significant decline in their behaviour, the school reserves the right to not allow them to attend the Prom. If you have any questions regarding this please see Mrs Davies.

Toilet visits

Please make sure you go the toilet at break and lunchtime so that you do not have to go during lesson time. Students who arrange to meet up in the toilets during lessons will be sanctioned.

Attendance

Attending school on a regular basis is the key to your child doing well at school and will set them up with good habits for later life.



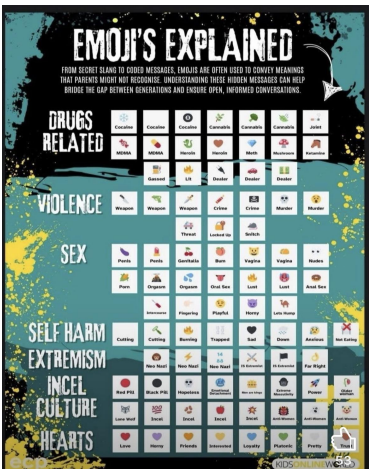
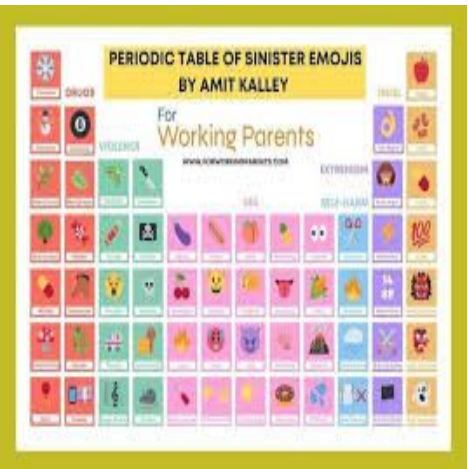
Koalas have fingerprints remarkably similar to humans, and these fingerprints seem to have evolved independently.



Netflix's *Adolescence* has sparked a national conversation about the serious mental and emotional challenges facing today's teenagers. With wellbeing levels at an all-time low, many young people are feeling overwhelmed by constant pressure and the powerful influence of social media. The series has shed light on issues such as cyberbullying and the unrealistic standards teens are exposed to daily.

While we can't shield our teenagers from everything they encounter — especially in a digital world that changes so rapidly — we *can* help equip them to recognise harmful influences, build resilience and have the confidence to walk away from negativity.

One growing concern is how emojis are being used to communicate hidden messages among teens. Below are some examples to help parents and carers better understand what might really be going on behind the screen.



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Easter Revision

The Easter holidays are a crucial period of time where you can make a significant difference to your achievement in your GCSEs and BTECs through careful planning of your revision.

You will be creating a revision timetable to help organise your revision. We will be running some revision sessions during the Easter holiday period. We very much encourage you to attend as many of the sessions as possible.

Use the Google form (accessed through the email sent by Mr Holden) to sign up with your school email address. You can not sign up for two sessions that are running at the same date and time.

Post 16 Sixth Form at Abbot Beyne School

It can be difficult to cope with everything going on at once in our lives but support is available to you in school or from other services.

Shout – 24/7 text service -

<https://giveusashout.org/>

Young Minds -

<https://www.youngminds.org.uk/young-person/>

The Mix -

<https://www.themix.org.uk/>



Upcoming Events

Friday 11th April - Break up for Easter holidays

Every Saturday - Saturday Study Club - 9am - 12pm in the Evershed LRC

After half term we will begin the recruitment process for Head and Deputy Head students - keep an eye out for further information.



Awards and Recognition

Sixth Form Students of the Week



Innovation - Jack H

Performance - Emma P and Katie H

Social Studies - Martin S and Aaniya H

Communications - Electra F

Maths - Evie W and Harry W

Community Fete committee - volunteers required

We are looking to run our second Community Fair this summer and we are looking for enthusiastic volunteers from Year 12 to help organise and run the event.

Last year, we raised over £800 for our community, half of which was donated to Burton Hope Charity. We had a fantastic selection of stalls including cakes, "Soak a Teacher," "Adopt a Teddy," a visit from Staffordshire Fire and Rescue and a penalty shootout challenge. We are planning even more exciting activities this year, and we would love for you to be a part of it. Volunteers will be involved in a variety of tasks such as setting up stalls, coordinating activities, promoting the event and helping with general logistics on the day of the fair. This is a great chance to gain valuable event planning experience while having fun and giving back to the community.

If you are interested in joining the committee, please get in touch with Miss Smith.

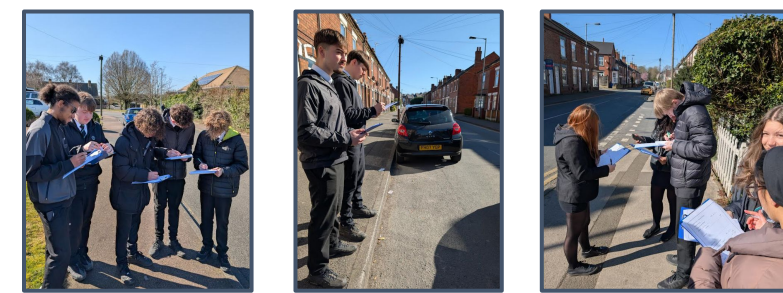
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Why go anywhere else?
abbotbeynesixthform

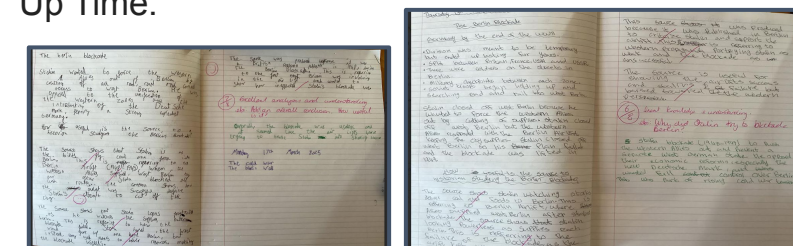
Geography

Our **Year 11 Geographers** have recently carried out some practical human fieldwork. The highlight of everyone's Geography lessons has to be getting out of the classroom, especially in the nice weather we have been having. Students were investigating the extent to which the quality of life for residents varies across Winshill.



History

Year 9 recently learnt about the Berlin blockade by the Soviet Union and the Allied response, the Berlin airlift, in 1948-1949. Following this, the students completed a source analysis task and were asked how useful the source was to a historian studying the blockade. Igor S and Zikra G both wrote excellent responses and then improved their work during Take Up Time.



History

Year 9 Historians stepped back in time with a visit to RAF Cosford. Students had a fantastic time visiting the National Cold War Exhibition, discovering the immersive stories and aircraft displays which links back to their History lessons in school.



Local History: RAF Fauld Explosion

The RAF Fauld explosion was a military accident which happened on the 27th November 1944 at the RAF Fauld underground munitions storage depot near Hanbury. It was one of the largest non-nuclear explosions in history and the largest ever in the UK.



[FIND OUT MORE](#)



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Religious Education

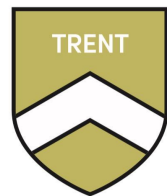


Our Muslim students have recently celebrated Eid al-Fitr. Eid al-Fitr means 'the festival of the breaking of the fast' and is celebrated at the end of Ramadan.

On the morning of Eid many muslims will attend their local mosque for prayer and to make their charitable donations known as Zakat, which helps feed the poor. The rest of the day is spent with family and loved ones, celebrating the end of their month-long fast with good food and gift giving.



Thank you to the wonderful parents and carers that came to visit History, Geography, RE, Health and Social Care and Citizenship at the Year 9 Pathways evening.



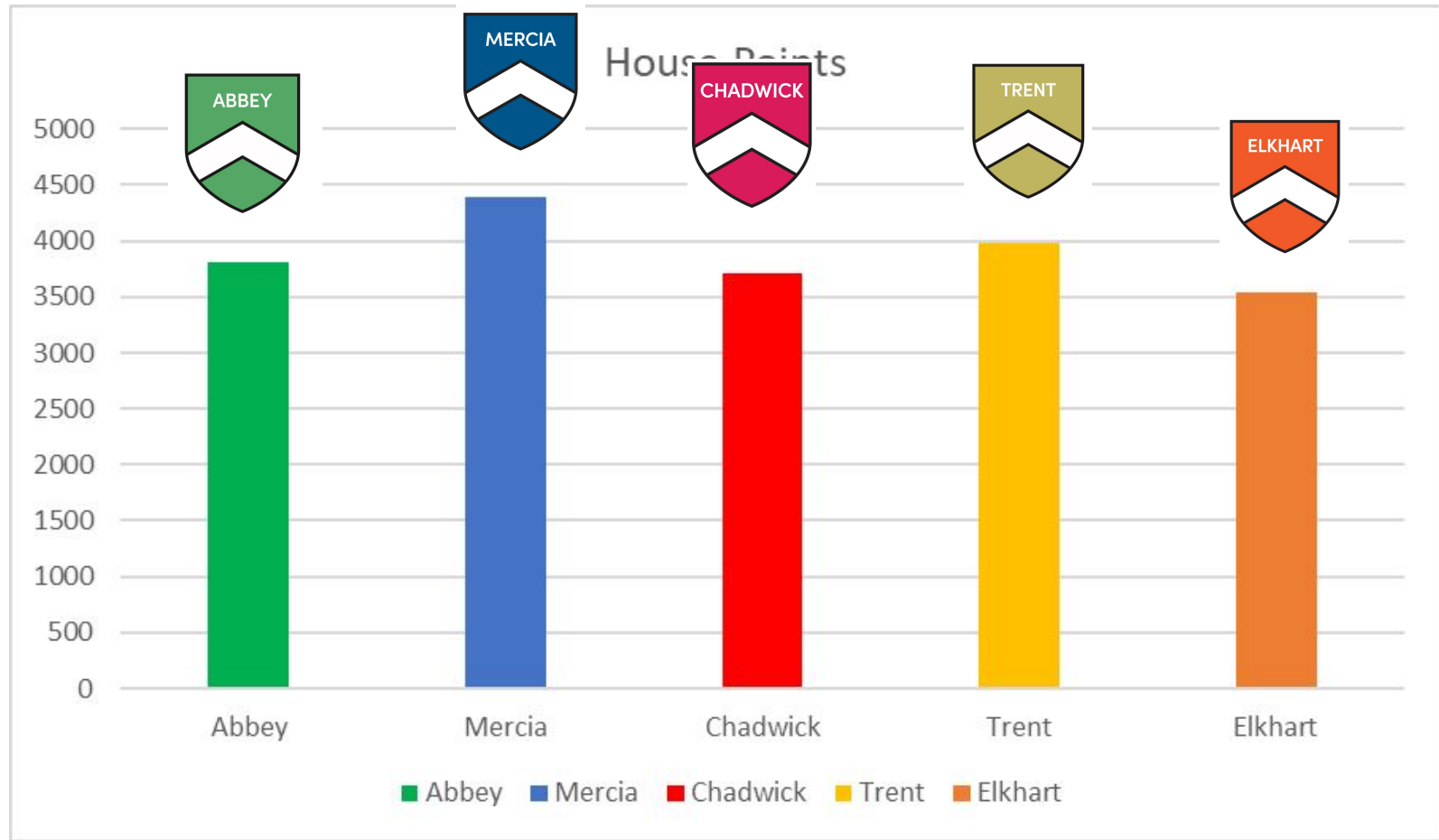
House points

Mercia continue to lead in the House Points competition, but Trent and Abbey are close behind - can these two houses work hard to take the lead?



Remember, you can earn house points for:

Attending after school clubs, classwork, effort and more.



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LEADERSHIP

TEAM

The Duke of Edinburgh's Award



As the expeditions approach, it is essential to focus on selecting the right foods to ensure the participants maintain their energy levels, endure the challenges and stay fueled throughout the weekend. We will be testing out a variety of foods to help students stay energized and ensure they consume adequate nutrition while on the move.

When choosing foods for an expedition, it is crucial to prioritize options that are **lightweight**, **nutrient-dense**, and **easy to eat** on the go. Here is a breakdown of some food categories that should be sampled and considered:



Expedition dates-

Bronze Practice walk / navigation day -
Saturday April 5th 2025

Bronze Practice weekend -
Saturday 12th and Sunday 13th April 2025

Bronze Assessed weekend -
Saturday 14th and Sunday 15th June 2025

Silver Practice weekend -
Friday 11th to Sunday 13th April 2025

Silver Assessed weekend -
Friday 13th to Sunday 15th June 2025



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How to pack your DofE rucksack

Get more tips at [DofE.org/shopping/expedition-kit](https://www.dofe.org/shopping/expedition-kit)

Liner
Use a dry bag or rubble sack to line your rucksack to keep everything dry.
Lifeforce Dry Bags

Sun protection
Store in a sealable bag to avoid leakage and keep near the top or in a pocket to regularly reapply.
Lifeforce Mountain Factor Sun Protection

Fuel
Double-bag fuel canisters in a sealable bag and store vertically to avoid spillage.
Trangia Fuel

Waterproof jacket and trousers
Pack your bag in the order you will want your kit. Remember last in first out.
Craghoppers Horizon Jacket and Ascent Overtrousers

Head torch
Pack evening essentials such as batteries or chargers together so you can find them easier in the dark.
Lifeforce Intensity 155 Head Torch

Survival bag
Use up any gaps to help keep kit stable in the bag.
Lifeforce Survival Bag

Stove
Clean and dry thoroughly, then place close to your back to maintain your centre of gravity.
Trangia 25-TL Stove

Mid layers
Fleeces are lightweight and dry quickly. Keep near the top as temperatures can change quickly.
Craghoppers Strata Hooded Jacket

Tent
Ensure the heaviest kit is close to your back and balanced on each side.
Vango Banshee 300 Tent

Sleeping mat
Try to get all your kit inside your bag. If you have a large roll mat, you can tie it securely to the outside.
Vango Trek Sleeping Mat

First Aid
Keep your first aid kit in the same place and easy to hand. Store small items you might need during the day in the top.
Lifeforce Trek First Aid Kit

Spare clothing
Push spare clothes to the bottom of the rucksack to fill the space available.
Craghoppers Fusion Base T-Shirt

Rucksack
Make sure your rucksack transfers the weight of your kit to your hips and not on your shoulders.
Vango Sherpa 60/70 Rucksack

Wash kit
Lifeforce Wash Bag

Eating/drinking
Plastic or titanium camping gear are lightweight, won't break and easy to clean.
Lifeforce Ellipse Mug and Plate

Lunch/food
Bag each meal separately to help ration your food. Pack your lunch at the top and have snacks to hand for extra energy boosts.
Wayfayer Expedition Food

Sleeping bag
Keep your sleeping bag dry by placing inside a waterproof bag inside your rucksack.
Vango Latitude Sleeping Bag

Socks
Always take at least two pairs of socks and ideally one set for each day. Pack to keep dry.
Bridgdale Hike Midweight Performance Boot Socks

DofE Buff
BUFF® Original headwear

Towel
Lifeforce Travel Towel

More advice on how to save weight and waterproof your kit, as well as the official DofE Expedition Kit List, can be found at [DofE.org/shopping](https://www.dofe.org/shopping)

Save at least 10%, and often more, in over 200 stores and online

GO Blacks milllets Ultimate Outdoors

Find everything for your next expedition at one of our five recommended retailers in store or online. Find your nearest store at [DofE.org/shopping/storefinder](https://www.dofe.org/shopping/storefinder)
Kit items shown are examples only. Always follow the advice and training of your DofE expedition supervisor.
The Duke of Edinburgh's Award is a Registered Charity No. 1079400, and in Scotland No. SC038254, and a Royal Charter Corporation No. RC000906. DofE.org

Enrichment



Last week Mr Lynch took a group of students from Year 9 to the beautiful Peak District to walk the famous Mam Tor Ridge line above the Hope Valley. Students started their walk in Hope and climbed to the peak of Lose Hill before navigating the ridge line to the summit of Mam Tor. A great day out in the outdoors and a fantastic experience for all.

Enrichment Experience:

- To visit art galleries, museums and other places of cultural or historical significance

Venue:

- Hope Valley, Derbyshire

Students:

- Year 9

The Bridge - Day Walk in the Peak District

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Attendance **ABSENCES** **ADD+UP!**

MISSING JUST 2 DAYS
A MONTH MEANS YOU MISS
10% OF THE **SCHOOL** YEAR!!!

Most Improved
Form
Attendance
10E



ATTENDANCE 
MATTERS

Most Improved
House
Attendance
Merica

ATTENDANCE MATTERS

On Time: First Time, Every Time



PERSISTENT ABSENTEE

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Best Form
Attendance

8A

The Mental Health Support Team

Key Stage 3

Evershed



MENTAL HEALTH SUPPORT TEAM IN SCHOOLS

The Mental Health Support Team in Schools (MHST) will be in school on Monday 7th April 2025 at lunchtime

Come along and find out more about the service. We will be there to answer any questions you have around your mental well-being.

We can offer support and advice on topics such as exam stress, worry, anxiety, stress, anger, and low mood.

The poster features a purple background with a circular logo in the top right corner that says 'MHST! MENTAL HEALTH SUPPORT TEAM'. It includes three colored boxes (yellow, green, and orange) with text, and an illustration of a person's head with thought bubbles containing question marks and a brain icon.



The Mental Health Support Team will be at Evershed on Monday 7th April at lunchtime.

They will be based outside of the hall and be happy to answer any questions you have about the support they can offer.

Please pop and see them if you have any questions to see if the support they can offer is right for you.

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Holiday Activities and Food (HAF) Programme Monday 14th April 2025 until Friday 25th April 2025



The Holiday Activities and Food Programme (HAF) delivers inclusive activities and a hot meal over the school holidays for children aged 5 – 16 years who are eligible for benefit related school meals.

If your child is eligible, they can have up to **four free places** on our Holiday Activities and Food (HAF) programme and you will receive an email or letter with your child's unique 'HAF' code.

We have funded local organisations to develop a timetable of enriching activities where children will get the opportunity to try new things, work on arts and crafts, cookery and sport as well as receive a hot meal wherever possible.

Please use the buttons below to find out what's on in your local area, apply online for Free School Meals to see if you are eligible, or visit our frequently asked questions or book a place.

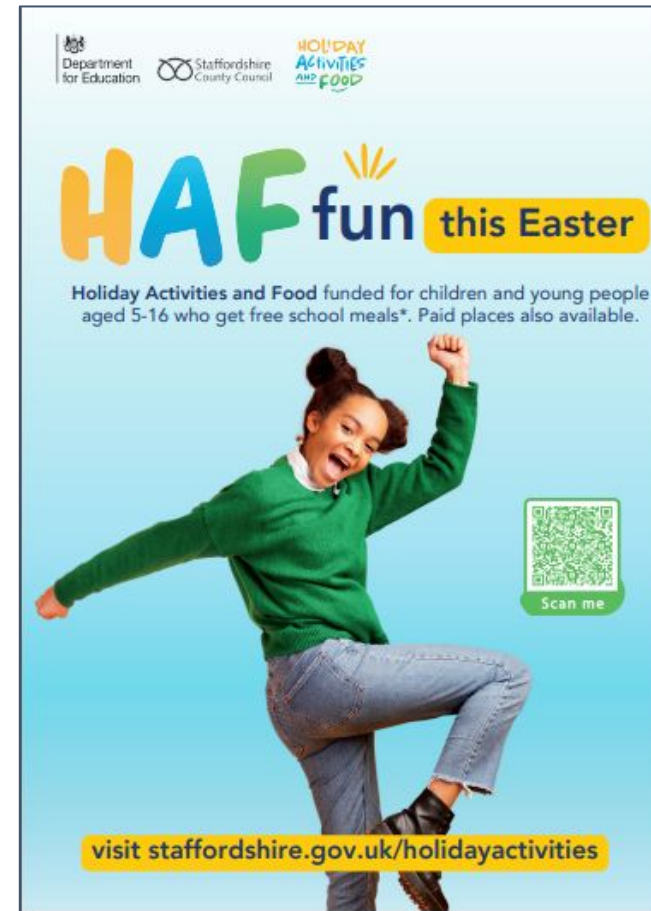
The Department for Education has provided funding for this initiative.

[Timetables and booking](#)

[Frequently Asked Questions](#)

[Information for Providers](#)

[Find out if my child is eligible for Free School Meals](#)



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